

Steelers and Seahawks at Super Bowl XL

PITTSBURGH
STEELERS

SEATTLE
SEAHAWKS

SUPER BOWL

ROAD TO DETROIT
Wild Card weekend

Pittsburgh 31-17 Cincinnati

Division Championships

Washington 10-20 Seattle

Pittsburgh 21-18 Indianapolis

Conference Championships

Carolina 14-34 Seattle

Pittsburgh 34-17 Denver

Steelers Awarded franchise: 1933

Super Bowl winners: 1975, 76, 79, 80. Runners-up: 1996

FRANCHISE HISTORY

Seahawks Awarded franchise: 1976

Play-off appearances: 1983, 84, 87, 88, 2003, 04

PULLING THE STRINGS IN OFFENSE: Quarterback head-to-head

Post-season performances

Ben Roethlisberger

Passing

226.7 yds

217 yds

Per game

Matt Hasselbeck

Attempts

24

27

Completed

68.1%

66.7%

Running

4 yds

24 yds



Roethlisberger and Hasselbeck lead their Conferences for successful passing

DEFENSIVE DUTIES

Steelers have reached Super Bowl with a fashionable 3-4 defense – three defensive linemen on scrimmage line with four linebackers behind them

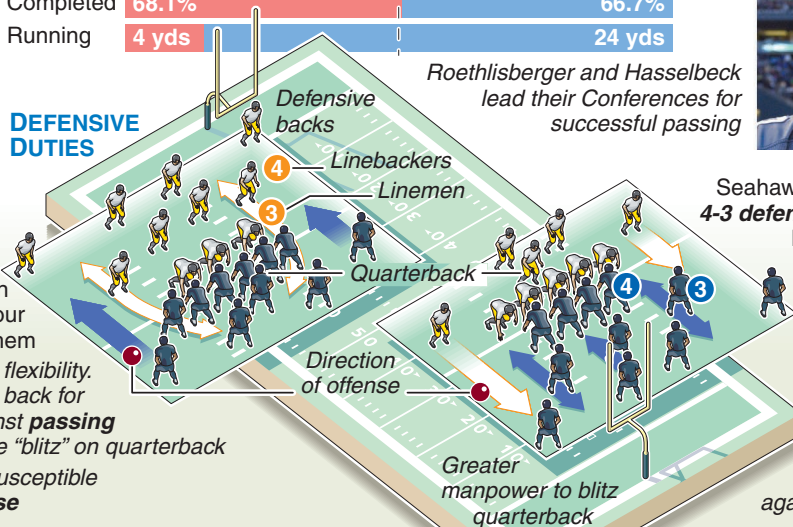
Strength: Speed and flexibility. Linebackers can drop back for eight-man cover against passing plays or unpredictable "blitz" on quarterback

Weakness: May be susceptible to fast rushing offense

Seahawks utilise traditional 4-3 defense – four defensive linemen followed by three linebackers

Strength: Four linemen – better defence against running plays

Weakness: Only three linebackers can leave less speed or cover against passing plays



POST-SEASON STATS

Pittsburgh

Seattle

Touchdowns

11

6

Field goals

3

4

Yards/game Passing

218

Rushing

115

155

209

Conceded: Touchdowns

6

3

Field goals

3

1

Yards/game Passing

234

Rushing

80

48

203

