













# “Super flu” sweeps Northern Hemisphere

Seasonal influenza, which is more prevalent in winter when people tend to congregate in warm, indoor spaces, has arrived a month earlier than normal in the Northern Hemisphere – marking it as a *super flu*

Newly mutated influenza *A(H3N2) subclade K* brings with it heightened versions of typical symptoms

## HOW DO YOU FEEL?



|  | Covid                  | Flu                        | Cold      |
|--|------------------------|----------------------------|-----------|
|  Fever                   | Common                 | Common                     | Rare      |
|  Cough                   | Common                 | Common                     | Common    |
|  Loss of taste and smell | Common                 | Rare                       | Sometimes |
|  Fatigue                 | Sometimes              | Common                     | Sometimes |
|  Headaches              | Sometimes              | Common                     | Rare      |
|  Aches and pains       | Sometimes              | Common                     | Common    |
|  Runny/stuffy nose     | Rare                   | Sometimes                  | Common    |
|  Sore throat           | Sometimes              | Sometimes                  | Common    |
|  Sneezing              | Never                  | Never                      | Common    |
|  Shortness of breath   | Sometimes              | Never                      | Never     |
|  Diarrhoea             | Sometimes for children | Sometimes, especially kids | Never     |