

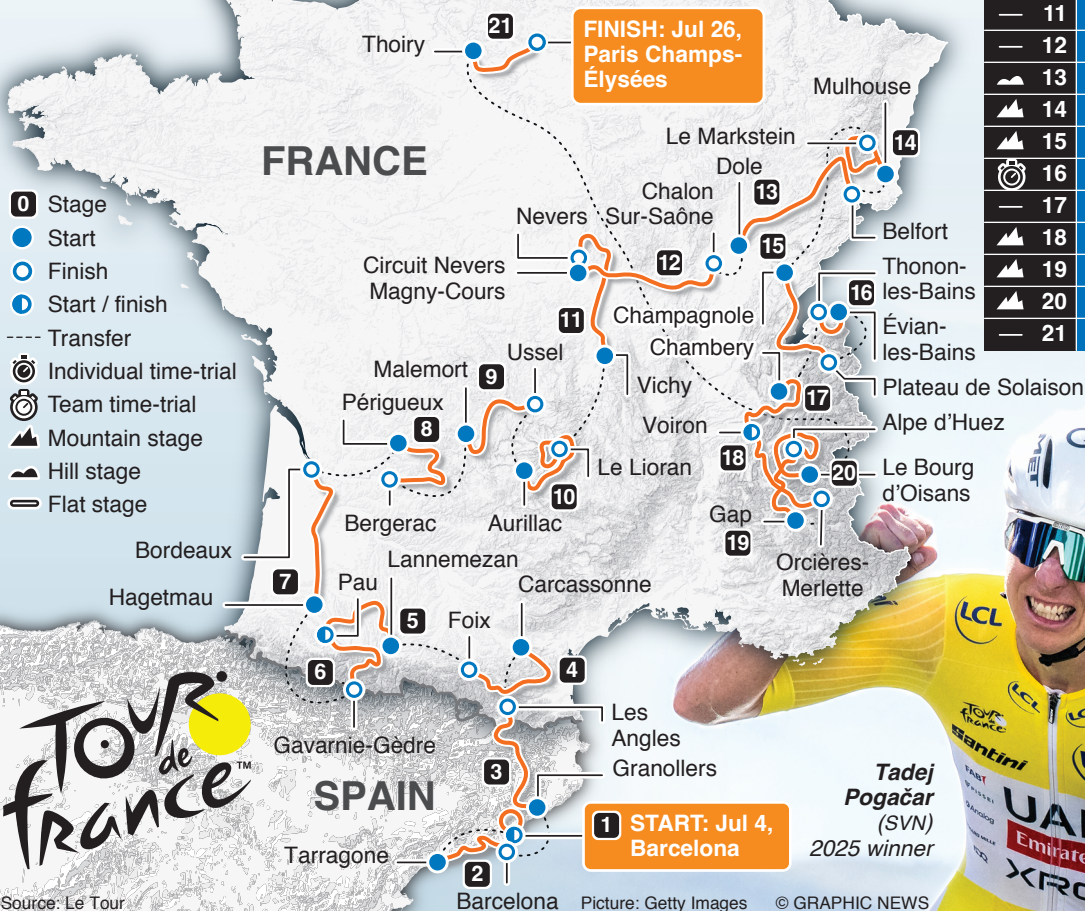
Tour de France 2026

JULY 4-26

The 113th edition of cycling's most prestigious event starts in Barcelona – the 27th Grand Départ outside of France – and features the race's first opening team time-trial since 1971

Total race distance
3333.0km

2026 edition features eight mountain stages, including five summit finishes at **Gavarnie-Gèdre**, **Plateau de Solaison**, **Orcières-Merlette** and double ascent of **Alpe d'Huez**



Stage	Jul	km
🕒 1	4	19
⬆ 2	5	182
⬆ 3	6	196
⬆ 4	7	182
— 5	8	158
⬆ 6	9	186
— 7	10	175
— 8	11	182
⬆ 9	12	185
⬆ 10	14	167
— 11	15	161
— 12	16	181
⬆ 13	17	205
⬆ 14	18	155
⬆ 15	19	184
🕒 16	21	26
— 17	22	175
⬆ 18	23	185
⬆ 19	24	128
⬆ 20	25	171
— 21	26	130

