

BMX Racing/BMX Freestyle

Saint-Quentin-en-Yvelines BMX Stadium/La Concorde Event ■ Medal ■

BMX RACING

Format: Series of sprint races contested by up to eight riders, who reach speeds of 60km/h

Riders progress through heats and semifinals based on finishing order in each run. Top eight riders contest one-off final race

Course: Filled with jumps, turns and obstacles

Course length: 400m

Finish

Start hill
8m high

Banked turn

Bethany Shrieffer (GBR)
Gold medallist in BMX Racing at Tokyo 2020

Racing bike
Lightweight, single-gear and aluminium-framed with rear brakes

Logan Martin (AUS)
Reigning Olympic BMX Freestyle champion

Freestyle bike
Tough, usually chromoly-framed, to withstand hard-hitting riding style

BMX FREESTYLE

Format: Each rider performs tricks in two 60-second runs. Points awarded for difficulty, originality, execution, height and creativity

Riders are ranked by average score in qualifying runs, but only best score counts in final

Course
Ramps, walls and box jumps