

# Boxing

PARIS  
2024

North Paris Arena, Roland Garros Stadium

Event ■ Medal ■

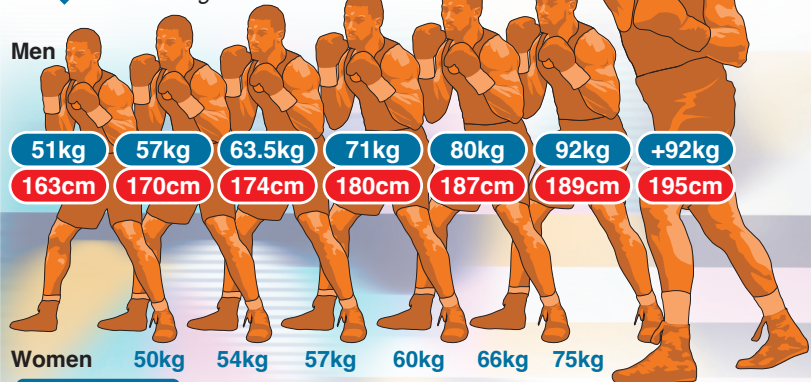


## WEIGHT DIVISIONS

Men – seven, women – six

Mean height of top 10 men  
in weight division

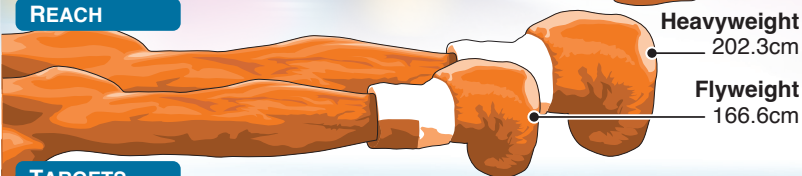
Men



Women

50kg 54kg 57kg 60kg 66kg 75kg

## REACH



## TARGETS

Most effective punch

1 Temple: Hook

2 Nose: Jab, straight

3 Jaw: Hook

4 Chin: Straight, cross

5 Throat

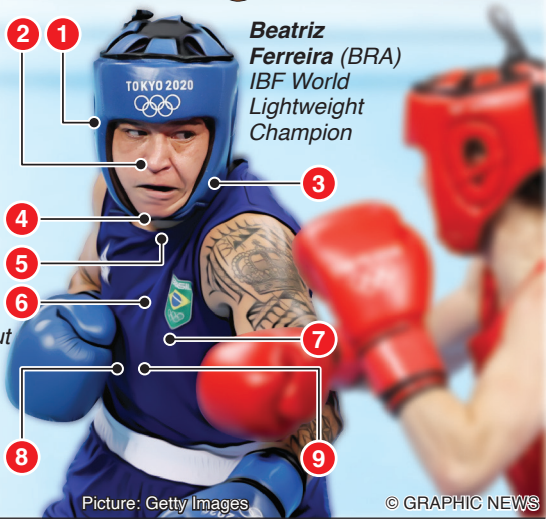
6 Sternum: Straight

7 Heart

8 Liver: Hook

9 Solar Plexus: Uppercut

Belt line from navel  
to top of hips –  
punches below  
deemed illegal



**Beatriz  
Ferreira (BRA)**  
IBF World  
Lightweight  
Champion