

Athletics – 400m hurdles

PARIS
2024

Stade de France

Event ☒ Medal ☒

FORMAT

Heats, semi-final and final.
Ten evenly-spaced hurdles used

Laps of track **1**

ORIGINS

Walter Tewksbury (USA) claims maiden title in 1900. **Nawal El Moutawakel** (MAR) secures first women's crown in 1984

LEGACY

Multiple medallists include **Edwin Moses** – two gold, one bronze – and **Deon Hemmings**, with one gold and silver

2020 GOLD

World record holders **Karsten Warholm** (NOR) and **Sydney McLaughlin** (USA)



Edwin Moses
USA

1976, 1984



Félix Sánchez
DOM

2004, 2012



Deon Hemmings
JAM

1996

Olympic
record



Karsten Warholm (NOR)

Tokyo 2020

45.94

Sydney McLaughlin (USA)

Tokyo 2020

51.46

World
record



Karsten Warholm (NOR)

Tokyo 2020

45.94

Sydney McLaughlin (USA)

Eugene 2022

50.68