

Hi-tech footwear ignites debate

Tigst Assefa smashed the women's marathon record in Berlin, but the new supershoe she wore reignited debate about its effect on race times



Adizero Adios Pro Evo 1s

Cost: \$500

Weight: 138g

Adidas claim shoe is 40% lighter than any other supershoe

Lightstrike Pro foam:
Provides greater energy return

Advanced outsole technology:
For optimum traction

Forefoot rocker:
Innovative feature placed at 60% of length of shoe to trigger forward momentum and improve running economy

MARATHON RECORDS BY REGION: MEN

Ten of 12 continental records broken since 2018, including each men's mark

Africa	Eliud Kipchoge <i>KEN</i>	Berlin, 2022	2:01:09
Europe	Bashir Abdi <i>BEL</i>	Rotterdam, 2021	2:03:36
Asia	El Hassan El Abbassi <i>BRN</i>	Valencia, 2018	2:04:43
South America	Daniel do Nascimento <i>BRA</i>	Seoul, 2022	2:04:51
North America	Cameron Levins <i>CAN</i>	Tokyo, 2023	2:05:36
Oceania	Brett Robinson <i>AUS</i>	Fukuoka, 2022	2:07:31

WOMEN

Emily Sisson, U.S. (right), returns to Chicago after breaking North American record in 2022 with second-place finish



World record holder Tigst Assefa (inset)

Africa	Tigst Assefa <i>ETH</i>	Berlin, 2023	2:11:53
Europe	Paula Radcliffe <i>GBR</i>	London, 2003	2:15:25
North America	Emily Sisson <i>USA</i>	Chicago, 2022	2:18:29
Asia	Mizuki Noguchi <i>JPN</i>	Berlin, 2005	2:19:12
Oceania	Sinead Diver <i>AUS</i>	Valencia, 2022	2:21:34
South America	Angie Orjuela <i>COL</i>	Berlin, 2023	2:25:35