

Nikola Jokic
Denver Nuggets.
Most Valuable
Player in NBA
for second
successive
season

NBA season preview 2022-23

REGULAR SEASON: OCT 18, 2022 - APR 9, 2023

NBA FINALS: JUN 1-18, 2023

The 77th NBA season launches as the *Golden State Warriors* aim to defend their title, while basketball legend *LeBron James* targets another record-breaking campaign. The postseason retains the Play-In Tournament format – for teams seeded 7th to 10th in each conference – before traditional play-offs will decide the Eastern and Western champions to clash in the NBA Finals



NBA FRANCHISES

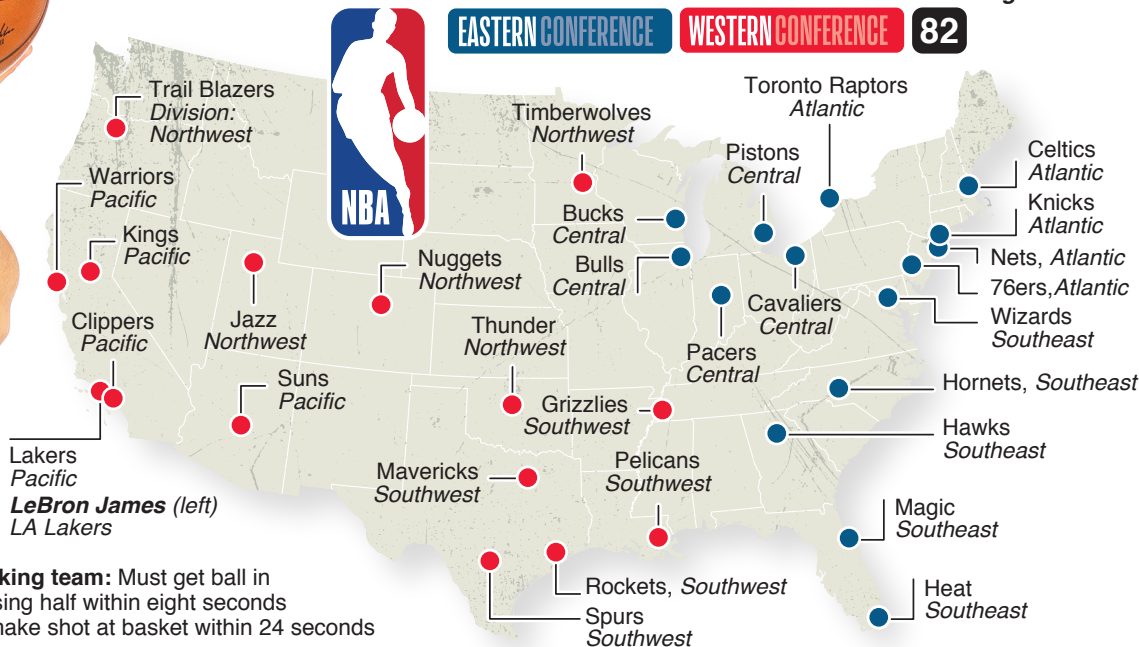
Two conferences, each with 15 teams divided into three divisions:

Regular season games

EASTERN CONFERENCE

WESTERN CONFERENCE

82



Beginners' guide to basketball

Elevated basket:
Hoop height
3.05m
Diameter
45cm

Attacking team: Must get ball in opposing half within eight seconds and make shot at basket within 24 seconds

Ball control:
Player must dribble (bounce) ball while moving, and not hold ball for more than five seconds

Free throw line:
Up to three throws awarded for fouls

Three-point line

No-charge semi-circle

Playing time
Four 12-minute quarters, followed by five-minute overtime periods if scores are tied

Scoring
Free throw: 1pt
Inside three-point line: 2pts
Outside three-point line: 3pts

Key: Attacking player may not stay in this area for more than three seconds

2021-22 PERFORMANCES

Regular season records only

Eastern Conference	Win-Loss		Western Conference	
Miami Heat	53	29	Phoenix Suns	64 18
Boston Celtics	51	31	Memphis Grizzlies	56 26
Milwaukee Bucks	51	31	Golden State Warriors	53 29
Philadelphia 76ers	51	31	Dallas Mavericks	52 30
Toronto Raptors	48	34	Utah Jazz	49 33
Chicago Bulls	46	36	Denver Nuggets	48 34
Brooklyn Nets	44	38	Minnesota Timberwolves	46 36
Cleveland Cavaliers	44	38	Los Angeles Clippers	42 40
Atlanta Hawks	43	39	New Orleans Pelicans	36 46
Charlotte Hornets	43	39	San Antonio Spurs	34 48
New York Knicks	37	45	Los Angeles Lakers	33 49
Washington Wizards	35	47	Sacramento Kings	30 52
Indiana Pacers	25	57	Portland Trail Blazers	27 55
Detroit Pistons	23	59	Oklahoma City Thunder	24 58
Orlando Magic	22	60	Houston Rockets	20 62