

Sri Lanka food inflation hits record

Soaring food inflation and chronic shortages of cooking gas and petrol are making daily life a battle for millions amid Sri Lanka's worst economic crisis since independence in 1948.

Inflation (June 2022, year-on-year increase)

Headline inflation 58.9%

Food inflation 75.8%

Transport 96.8%

Typical
earnings
2,900 rupees
(€8 / day)

Retail food prices (July 2021-22, Colombo markets, Sri Lankan rupees)



BEEF (1kg)
2021: 1,131.00
2022: 2,033.33



EGGS (each)
19.72
42.29



FISH (1kg Salaya)
342.78
834.55



ONIONS (1kg)
117.72
227.83



RICE (1kg)
111.70
245.71



CARROTS (1kg)
200.74
502.50



BEANS (1kg)
274.76
543.89



TOMATOES (1kg)
148.03
331.43



BREAD (450g)
57.50
180.00



POTATOES (1kg)
219.96
470.00



BETEL (100 leaves)
193.08
465.00



CHILLIES (1kg)
634.31
2,097.06