



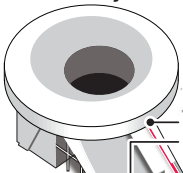
Ski Jump

Zhangjiakou National Ski Jump Centre



"Snow Ruyi"

Shape resembles Chinese ornamental sceptre



START Altitude
Large Hill (HS 140): 1771m
Normal Hill (HS 106): 1750m

Inrun: Skier picks up speed in aerodynamic crouch



Take-off
 Push up and out from ramp at around 100km/h



Flight: Leans forward with skis in Boklöv V-shape to increase distance and time in air



Landing: Telemark position – knees bent, one ski forward

SCORING

Style: Up to **20 points** for balance, body position, steady skis and landing

Distance: **60 points** ± 2pts for each metre above or below K Point

MEDAL WINNERS, PYEONGCHANG 2018

Men, Normal Hill

	A. Wellinger (GER)
	J. A. Forfang (NOR)
	R. Johansson (NOR)

Men, Large Hill

	K. Stoch (POL)
	A. Wellinger (GER)
	R. Johansson (NOR)

FINISH Altitude 1635m

Women, Normal Hill

	M. Lundby (NOR)
	K. Althaus (GER)
	S. Takanashi (JPN)



Andreas Wellinger (GER), Olympic champion 2018

Five judges

K Point: Par distance from take-off

Outrun