

Tour de France 2022

START: Jul 1, Copenhagen

DENMARK

Roskilde

Nyborg

Vejle

Sonderborg *

BELGIUM

Dunkirk

Calais

Lille

Binche

Arenberg

Longwy

Paris la Défense Arena

FINISH: Jul 24, Paris Champs-Élysées

Tomblaine

La Planche des Belles Filles

FRANCE

SWITZ.

Lausanne

Aigle

Dole

Megève

Morzine *

Albertville

Col du Granon

Briançon

Saint-Étienne

Lacapelle-Marival

Rodez

Mende

Rocamadour

Cahors

Castelnau-Magnoac

Lourdes

Hautacam

Peyragudes

Saint-Gaudens

Foix

Carcassonne *

- ① Stage
- Start
- Finish
- Start / finish
- * Rest day
- ⌚ Individual time-trial
- ▲ Mountain stage
- Transfer

Stage	July	km
⌚ 1	1	13.2
2	2	202.5
3	3	182
4	5	171.5
5	6	154
6	7	220
▲ 7	8	176.5
▲ 8	9	186.5
▲ 9	10	193
10	12	148.5
▲ 11	13	152
▲ 12	14	165.5
13	15	193
14	16	192.5
15	17	202.5
16	19	178.5
▲ 17	20	130
▲ 18	21	143.5
19	22	188.5
⌚ 20	23	40.7
21	24	116
		Total: 3,350.4