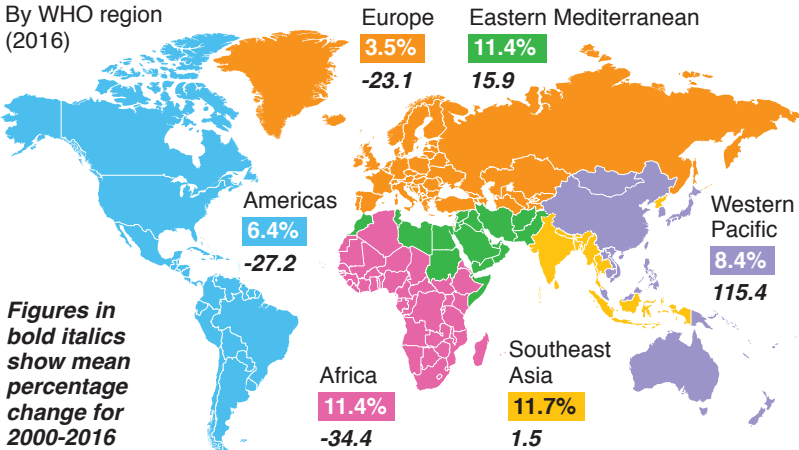


# Long working hours are a killer, WHO says

The first global study of its kind showed that long working hours led to 745,000 deaths from stroke and heart disease in 2016 – an increase of nearly 30% from 2000, according to the World Health Organisation

## SHARE OF POPULATION EXPOSED TO LONG WORKING HOURS\*

By WHO region  
(2016)

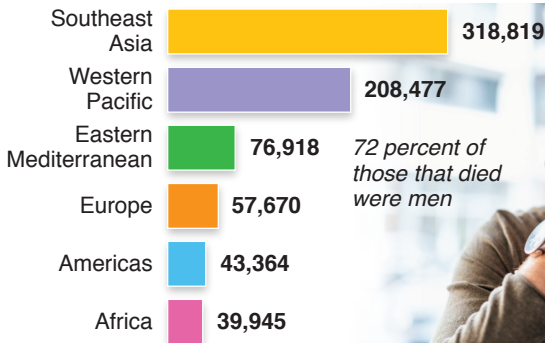


*Figures in bold italics show mean percentage change for 2000-2016*

## NUMBER OF DEATHS DUE TO LONG WORKING HOURS

From heart disease and stroke (2016)

\*55 hours or more per week



*72 percent of those that died were men*

