



# Canoe Slalom/Canoe Sprint



Sea Forest Waterway

Kasai Canoe Slalom Centre

## SLALOM

Four events – men's and women's single kayak and single canoe. Racers navigate whitewater course through up to 25 gates in fastest time possible

## Penalties

Time added for missing gate or touching gate pole

## SPRINT

12 events split between men and women. Races held over 200m, 500m and 1,000m distances

**Canoe:** Racers kneel, use single-bladed paddle



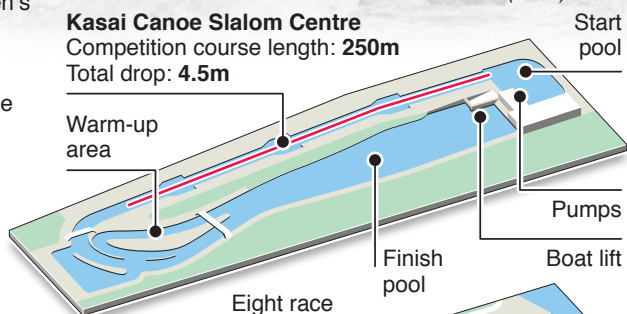
Women will race in canoes for first time in Olympic history, having previously only competed in kayaks

**NEW**

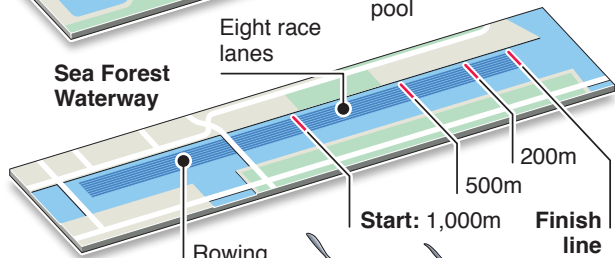


Olympic K1 champion **Maialen Chourraut (ESP)**

**Kasai Canoe Slalom Centre**  
Competition course length: **250m**  
Total drop: **4.5m**



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Rowing course



**Kayak:** Racers seated, use double-bladed paddle