

Short Track Speed Skating Gangneung Ice Arena

Winter Olympic debut: **1992**

Sochi 500m gold medallist
Jianrou Li
(CHN)

Blades: Very sharp and bent in arc that mirrors direction of curve. Placed off-centre to left, so boot does not scrape ice

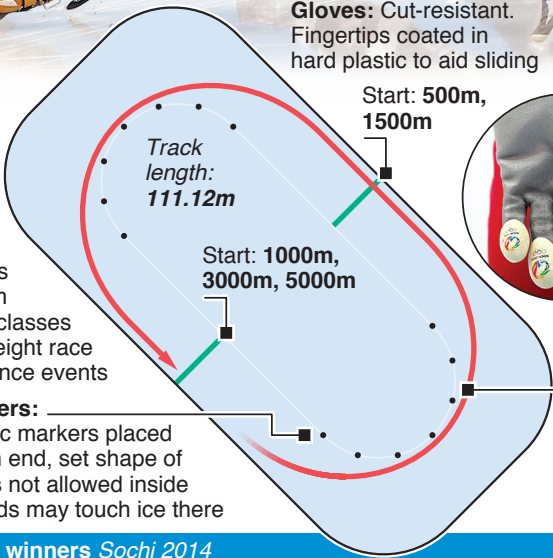
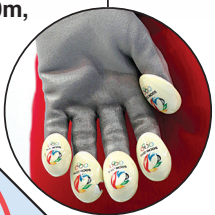
Boot: Ankle support to stabilise foot around corners



Four athletes race in 500m and 1000m classes while six to eight race in long-distance events

Track markers: Seven plastic markers placed around each end, set shape of curve. Boots not allowed inside arc, but hands may touch ice there

Gloves: Cut-resistant. Fingertips coated in hard plastic to aid sliding



Elite skaters: High speed path

Gold medal winners Sochi 2014

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|-------------|-------------------------|-------------|-------------------------|
| 500m | V. An (RUS) | 500m | J. Li (CHN) |
| 1000m | V. An (RUS) | 1000m | S. H. Park (KOR) |
| 1500m | C. Hamelin (CAN) | 1500m | Y. Zhou (CHN) |
| 5000m Relay | Russia | 3000m Relay | South Korea |