

Hogu
Sensor-equipped chest protector records valid hits to body

Headgear
Sensor system to debut at Rio Olympics



Bouts
Three rounds of two minutes, with one minute rest between rounds

Scoring
Points awarded for kicks aimed at head or body, or punches to body

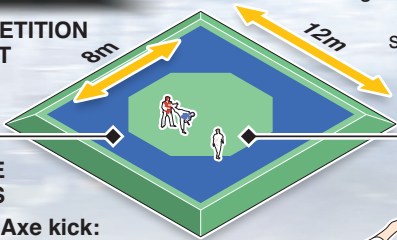
Dobok
Loose-fitting trousers and jacket

London Olympics gold medallist (+67kg class)
Milica Mandić (SRB)

Weight classes

Men	Women
<58kg	<49kg
<68kg	<57kg
<80kg	<67kg
+80kg	+67kg

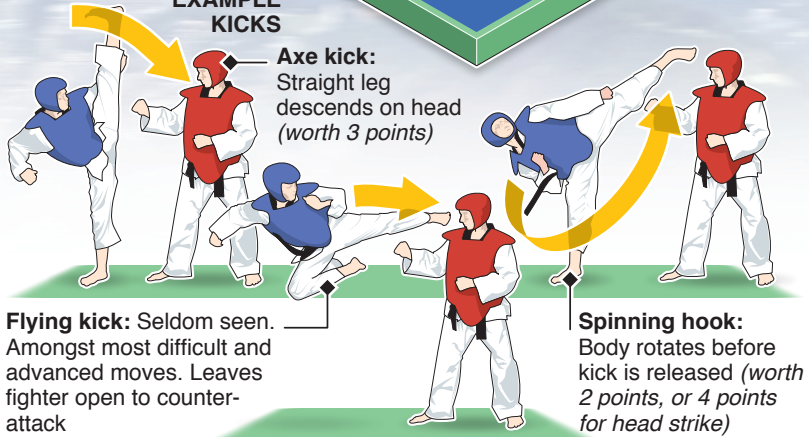
COMPETITION COURT
Safety area



Contest area
Changed from square to octagonal shape to stop defensive action in corners

EXAMPLE KICKS

Axe kick:
Straight leg descends on head (worth 3 points)



Flying kick: Seldom seen. Amongst most difficult and advanced moves. Leaves fighter open to counter-attack

Spinning hook:
Body rotates before kick is released (worth 2 points, or 4 points for head strike)