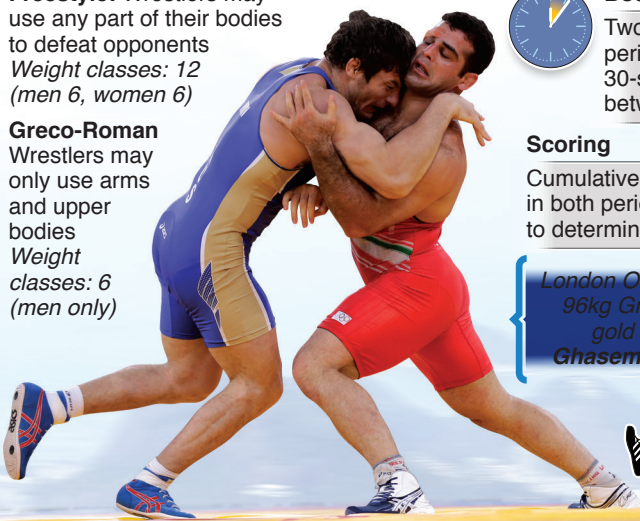


Freestyle: Wrestlers may use any part of their bodies to defeat opponents
Weight classes: 12 (men 6, women 6)

Greco-Roman
 Wrestlers may only use arms and upper bodies
Weight classes: 6 (men only)



Bouts
 Two three-minute periods, with 30-second rest between periods

Scoring
 Cumulative – points scored in both periods combined to determine winner

London Olympics men's 96kg Greco-Roman gold medallist Ghasem Rezaei (IRI)



Pin

High amplitude takedown: Opponent turned and landed in back-exposed "danger position"



Victory conditions

Pin (fall): Wrestler wins immediately by holding opponent's shoulders to mat

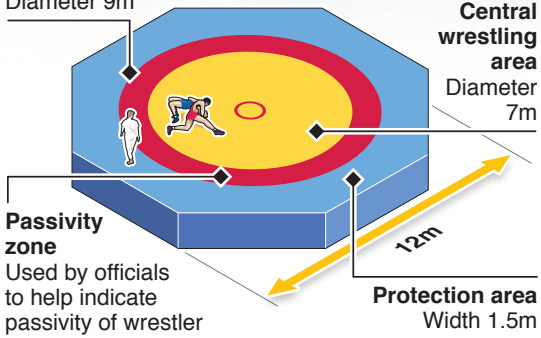
Technical superiority
 Wrestler gains 10-point lead (eight points in Greco-Roman)

Points: Highest score at end of bout

Opponent withdraws or disqualified

Competition area

Diameter 9m



Central wrestling area
 Diameter 7m

Passivity zone
 Used by officials to help indicate passivity of wrestler