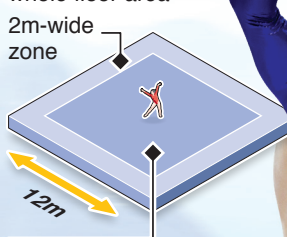
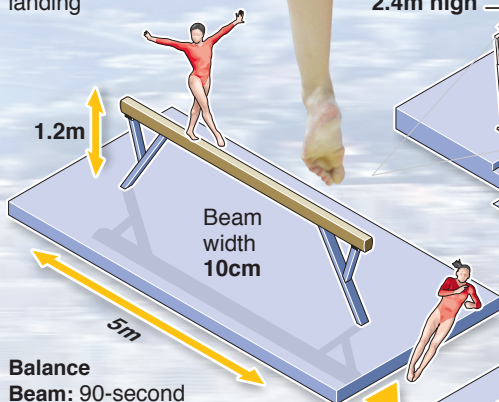


Women's Artistic Gymnastics Rio Olympic Arena

Floor: Gymnastic, acrobatic and dance moves set to music, lasting up to 90 seconds, using whole floor area



Sprung floor gives gymnast extra jump height and softens landing



Balance Beam: 90-second routine using entire length of beam for series of elements with flight and dance "peaks" as if performed on floor

Springboard

Sources: Rio 2016, Olympic.org

London Olympics floor gold medallist
Alexandra Raisman (USA)

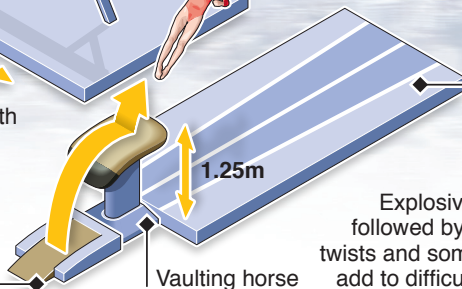
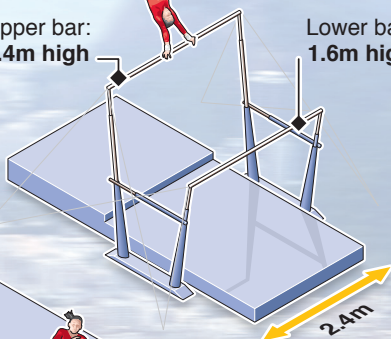


Women's gymnastics introduced at 1928 Olympics (men's in 1896)

Uneven Bars: Strength and precision required to perform swings, releases, transitions between bars, direction changes and handstands

Upper bar: 2.4m high

Lower bar: 1.6m high



Vault: Explosive launch followed by multiple twists and somersaults add to difficulty score

Pictures: Associated Press

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