



# Equestrian Olympic Equestrian Centre

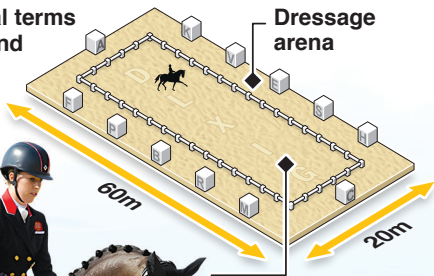


Men and women compete on equal terms in three disciplines in individual and team events, with both horse and rider named as medal winners

**1 Dressage:** Technical and artistic merit judged over three rounds – **Grand Prix**, **Grand Prix Special** (set movements) and **Freestyle** (routine choreographed to music)

**Harmony:** Rider directs horse with subtle signals

London Olympics mixed dressage gold medallist **Charlotte Dujardin** (GBR), riding **Valegro**

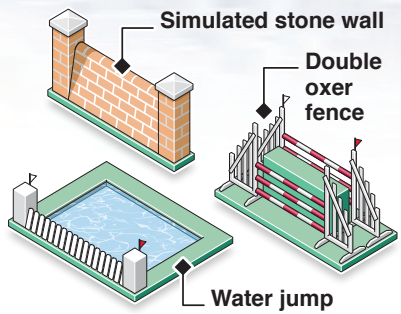


**Centre markers:** Rider memorises invisible letters to ensure movements executed at correct positions

Set movements include *pirouettes* and *piaffes* (standing trot)

**Quality:** Freedom of pace, lightness of movement

**2 Jumping:** Between 8-12 obstacles (fences, water jumps and walls) jumped within set time limit



**3 Eventing:** Four-day competition features **dressage**, **cross-country** and **jumping**

**Cross-country:** Covers gruelling 6.8km and 40-45 jumps, testing speed, power and nerve of horse and rider

