

# Discus Throw

## Olympic Stadium

Discus: 12mm metal edge

Women: 1kg

18cm

Men: 2kg

22cm

Throwing circle

Landing sector

40°

Throwing circle: Diameter: 2.5m

Metal rim: Depth: 8cm

London Olympics men's discus gold medallist **Robert Harting** (GER)

Preparation

Entry

Airborne

Transition

Delivery

|                 |  |                                |                     |        |
|-----------------|--|--------------------------------|---------------------|--------|
| Olympic records |  | <b>Virgilijus Alekna</b> (LTU) | Athens 2004         | 69.89m |
|                 |  | <b>Martina Hellmann</b> (GDR)  | Seoul 1988          | 72.30m |
| World records   |  | <b>Jürgen Schult</b> (GDR)     | Neubrandenburg 1986 | 74.08m |
|                 |  | <b>Gabriele Reinsch</b> (GDR)  | Neubrandenburg 1988 | 76.80m |

Sources: Rio 2016, Olympic.org, IAAF

Pictures: Associated Press

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