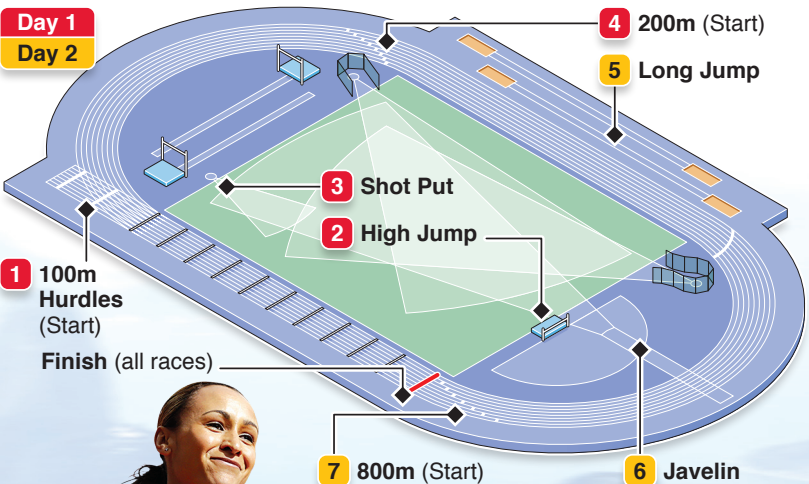


**Heptathlon** Olympic Stadium



**Heptathlon best performance** World record

100m Hurdles	12.54s	12.21s
High Jump	1.97m	2.09m
Shot Put	17.31m	22.63m
200m	22.30s	21.34s
Long Jump	7.27m	7.52m
Javelin	60.90m	72.28m
800m	2m 1.84s	1m 53.28s

Bar lengths representative of heptathlon points awarded to each record

**London Olympics heptathlon gold medallist Jessica Ennis (GBR)**

<b>Olympic record</b>	<b>Jackie Joyner-Kersey (USA)</b>	<b>Seoul, 1988</b>	<b>7,291</b>
<b>World record</b>	<b>Jackie Joyner-Kersey (USA)</b>	<b>Seoul, 1988</b>	<b>7,291</b>