

XI Paralympic Winter Games

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2014

paralympic games

First time Russia has hosted Paralympics



- Ceremonies
- Alpine Skiing
- Biathlon
- Cross-Country Skiing
- Ice Sledge Hockey
- Wheelchair Curling

Mascots (L-R):

Snezhinka (Snowflake) and **Luchik** (Ray Of Light)



Biathlon

Mountain Cluster

Consists of **7.5km route** divided into three 2.5km stages. Between stages athletes must shoot **two targets** located 10m away



Alpine Skiing

Mountain Cluster
Downhill, Slalom, Giant Slalom, Super-G, Super Combined, Para-snowboard Cross – Standing (debut event)



Cross-Country Skiing

Mountain Cluster

Athlete may use **sit-ski** (chair fitted with skis) or mono-ski. Blind athletes work with **sighted guide**



Ice Sledge Hockey

Coastal Cluster
Each player uses two sticks – one end of which has metal teeth to grip ice and assist movement, and other end curved like regular ice hockey stick blade



Team USA's **Evan Strong** competes in **Para-snowboard Cross**



Wheelchair Curling

Coastal Cluster

Played with same stones as regular curling. Can be thrown from stationary wheelchair, or pushed with delivery stick. Sweeping ahead of stone prohibited