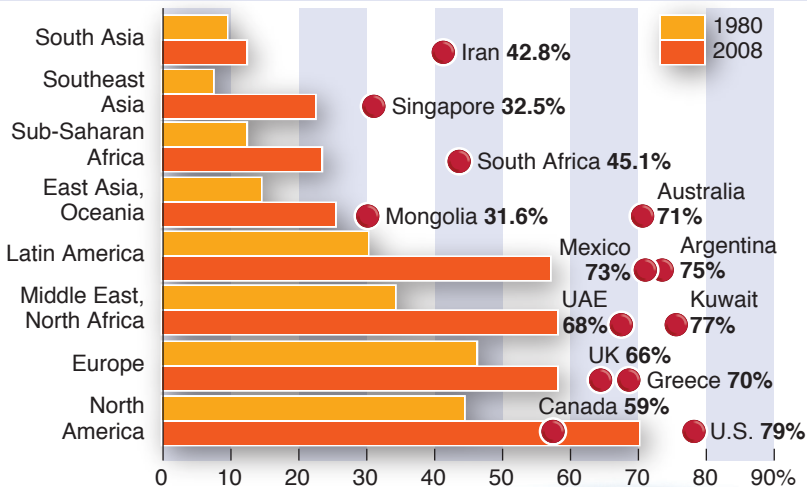


One in three adults is overweight or obese

The number of overweight and obese adults – classed as having a body mass index* (BMI) above 25 – grew globally from 23% to 34% between 1980 and 2008, says the UK-based Overseas Development Institute

Percentage of overweight adults with BMI above 25, by region



*BMI is index of weight-for-height, defined as person's weight in kilograms divided by square of height in metres (kg/m²). BMI provides population-level measure of overweight and obesity as it is same for both sexes and for all ages of adults

