

# Men: 5000m, 10,000m

**5000 METRES:** Best times 2013 (mins:secs)

<b>Edwin Soi</b>	<i>KEN</i>	<b>12:51.34</b>
Albert Rop	<i>KEN</i>	<b>12:51.96</b>
Yenew Alamirew	<i>ETH</i>	<b>12:54.95</b>
Hagos Gebrhiwet	<i>ETH</i>	<b>12:55.73</b>
Isiah Koech	<i>KEN</i>	<b>12:56.08</b>

**10,000 METRES** 27:00

<b>Dejen Gebremeskel</b>	<i>ETH</i>	<b>26:51.02</b>
Abera Kuma	<i>ETH</i>	<b>26:52:85</b>
Imane Merga	<i>ETH</i>	<b>26:57.33</b>
Kenenisa Bekele	<i>ETH</i>	<b>27:12.08</b>
Bedan Muchiri	<i>KEN</i>	<b>27.13.12</b>

**Mo Farah**

12:35

**12:37.35**  
*Kenenisa Bekele, ETH, 2004*

26:00

**26:17.53**  
*K. Bekele, 2005*

◀ Farah: World 5000m and Olympic 5000m / 10,000m champion