

# Usain Bolt's golden sprint double



Jamaican sprinter Usain Bolt is the first athlete in history to retain the Olympic 100m and 200m titles – the double double. Bolt stopped the 200m clock in 19.32 seconds, having retained his 100m crown in a record time of 9.63

■ **Born:** August 21, 1986

■ **Birthplace:** Trelawny, Jamaica

■ **Early career:** Plays cricket at school – coach suggests he tries sprinting. Dominates world junior championships, winning 2002 world junior 200m title at age of 15. Adds 200m world youth title a year later and sets 200m junior world record at 19.93 seconds in 2004

■ **2007 World Championships:** Silver

medals in 200m and 4 x 100m relay

■ **2008 Beijing Olympics:** Triple gold

in 100m, 200m and 4 x 100m relay

■ **2009 World Championships:** Sets 100m world record of 9.58 seconds and 200m world record of 19.19.

Also 4 x 100m relay gold medallist

■ **2011 World Championships:** Gold medals in 200m, 4 x 100m relay