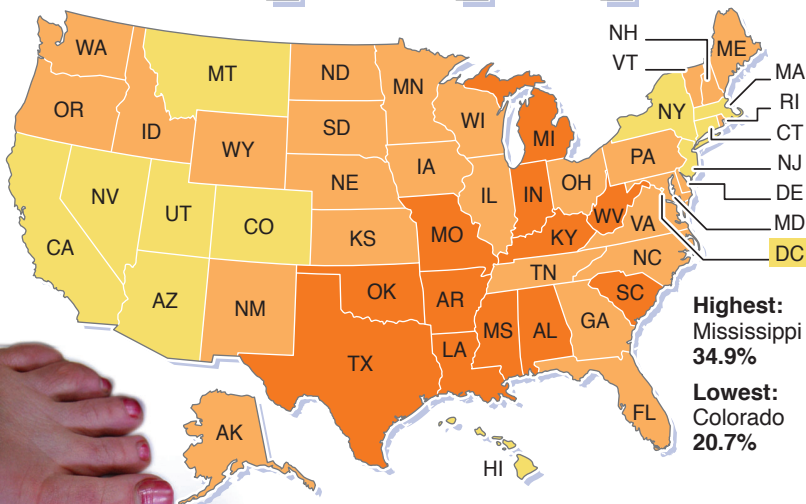# U.S. obesity rates projected to rise by 2030

A group campaigning against obesity predicts that over half of people in 39 U.S. states will be obese by 2030. Two-thirds of Americans are overweight now, which includes 36 percent of people who are obese

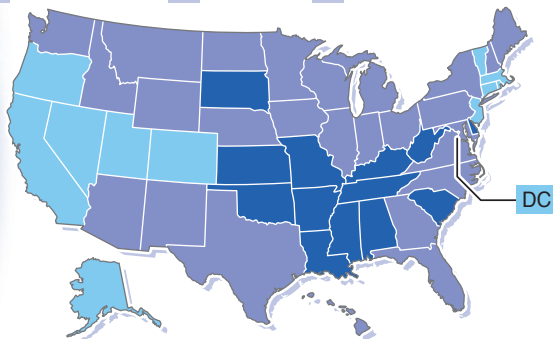**2011 OBESITY RATES**   Under 25%   25-30%   Over 30%

WA, MT, ND, MN, OR, ID, WY, SD, WI, MI, NY, NH, VT, ME, MA, RI, CT, NJ, DE, MD, PA, NV, UT, CO, NE, IA, IL, IN, OH, WV, VA, DC, CA, AZ, NM, KS, MO, KY, NC, TN, OK, AR, SC, TX, MS, AL, GA, LA, FL, AK, HI

Highest:
Mississippi
34.9%

Lowest:
Colorado
20.7%

2030 OBESITY RATES (if current trajectory continues)

Under 50%   50-60%   Over 60%

DC

Highest: Mississippi **66.7%**   **Lowest:** DC **32.6%**

Projections based on surveys by Centers for Disease Control and Prevention from 1999 to 2010. An adult is considered obese if his or her body mass index (BMI) is 30 or higher