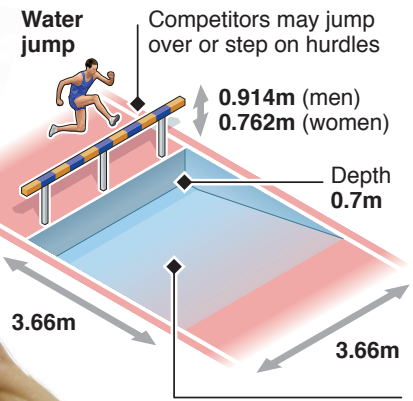


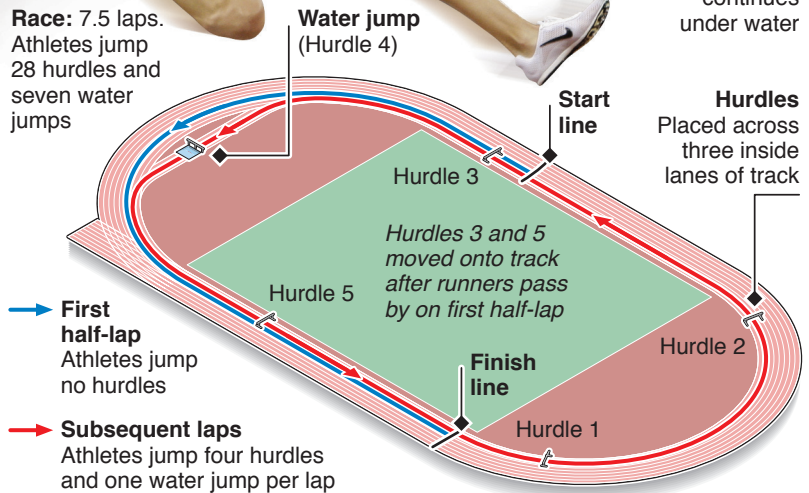
3,000m Steeplechase *Olympic Stadium* ● men ● women



Olympic champion and world record holder **Gulnara Samitova-Galkina** (RUS)



Race: 7.5 laps.
Athletes jump 28 hurdles and seven water jumps



Olympic record	<i>m</i>	Julius Kariuki (KEN)	<i>Seoul, 1988</i>	8:05.51
	<i>w</i>	Gulnara Samitova-Galkina (RUS)	<i>Beijing, 2008</i>	8:58.81
World record	<i>m</i>	Saif Saeed Shaheen (QAT)	<i>Brussels, 2004</i>	7:53.63
	<i>w</i>	Gulnara Samitova-Galkina (RUS)	<i>Beijing, 2008</i>	8:58.81