

PADDLE

Rubber

2mm thick. Players can use different rubber on forehand and backhand side of paddle – distinguished by red / black colours

Blade: 85% natural wood

Sponge: Optional layer 2mm thick adds speed or control to rubber

Ball: Celluloid.
Diameter: 40mm
Weight: 2.7g

Table size
2.74m
x 1.52m

Most players use smooth or "inverted" rubber for fast, attacking topspin play

Service

Ball thrown upwards at least 15cm prior to serve. Often thrown higher so speed of falling ball adds spin

World number one Ma Long (CHN). China holds top five places in men's and women's rankings

GRIP

Shakehand

Racket head faces up – used by most Europeans and some Asian players

Penholder

Traditional Asian style with racket head facing downwards

