

Basketball

Basketball Arena, North Greenwich Arena

● men
● women

LeBron James, part of gold medal-winning U.S. team at Beijing Olympics

Ball
Diameter 24.8cm
Weight 650g



Hoop diameter 45cm



Ball control
Player must dribble (bounce) ball while moving

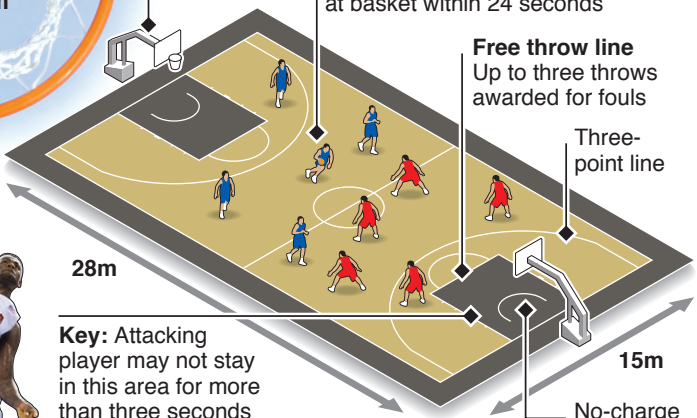


Player may not hold ball for more than five seconds



Elevated basket
Hoop height 3.05m

Attacking team
Must get ball in opposing half within eight seconds and make shot at basket within 24 seconds



Key: Attacking player may not stay in this area for more than three seconds

Scoring	Points
Free throw (following rule infringement)	1
Within three-point line	2
Outside three-point line	3



Playing time: Four 10-minute quarters, followed by five-minute overtime periods if scores are tied