

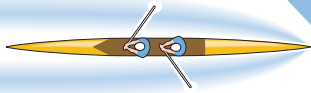
# Rowing *Eton Dorney*

● men ● women

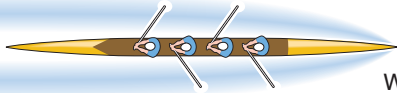
**COURSE:** 2km  
Eight lanes,  
six used for racing

**SWEEP ROWING**  
Single oar per  
rower (6 events)

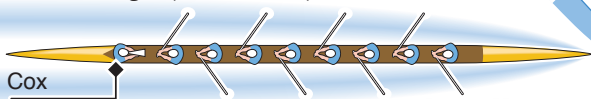
● **Pair** (men, women)



● **Four, Lightweight Four** (men)



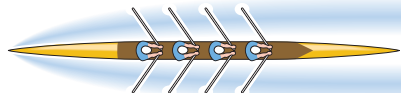
● **Coxed Eight** (men, women)



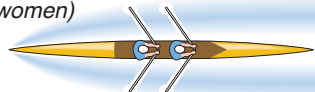
Olympic champions  
(men's lightweight  
double sculls)  
**Zac Purchase,**  
**Mark Hunter**  
(GBR)

**SCULLS:** Two oars per rower (8 events)

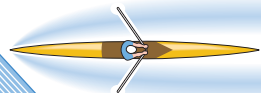
● **Quadruple** (men, women)



● **Double, Lightweight Double**  
(men, women)



● **Single** (men, women)



Warm-up  
channel

Minimum  
water depth  
**3.5m**

Cox

**Boat:** Fibreglass  
or plastic. Length:  
**8.2m to 19.9m.**  
Weight: 14-96kg

**FINISH**



**Sliding seats:** Allow rowers to use leg power

**Oar:** Held by U-shaped swivel

**PACING**

500m

1,000m

1,500m

2,000m

**22.5km/h**

**16km/h**

**22.5km/h**

**Up to 47 strokes  
per minute**

**30+ strokes per minute**

**Up to 47 strokes  
per minute**