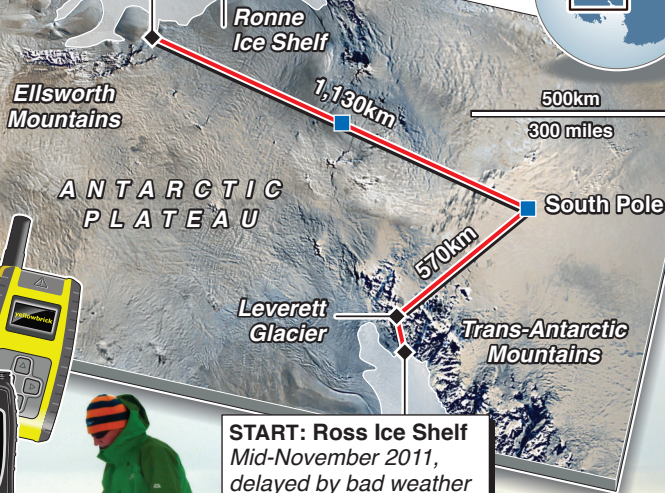


British woman to attempt solo Antarctic trek

A 33-year-old British adventurer is aiming to become the first person to cross Antarctica alone under her own power. If Felicity Aston completes the 1,700km journey, she would also set a record for the longest solo polar expedition by a woman, at about 70 days

FINISH: Hercules Inlet
Late January 2012

■ Resupply points



START: Ross Ice Shelf
Mid-November 2011,
delayed by bad weather

Skis: Attach only at toe of boot, allowing for comfortable and efficient "walking" over long distances

Equipment

Includes two Iridium satellite phones and GPS beacon to keep in touch with support teams

Sledge: For lightweight tent, fuel, camping stove and rations. Total weight 85kg – 8kg more than Aston's bodyweight