

# Stage 20

July 23

Distance  
42.5km

**START**  
Grenoble

**FINISH**  
Grenoble

G R E N O B L E

D112

St-Martin-  
d'Hères

D524

D280

Gières  
35.5km

A480

Echirolles

D5

D111

Vaulnaveys-  
le-Haut  
22.5km

D524

Vizille 15km



Individual time trial



Refreshment