

# 5000, 10,000m

Women, best times 2011 (mins:secs)

## 5000 METRES

14:40

**Vivian Cheruiyot**

14:20

14:10

14:00

**Vivian Cheruiyot** KEN

**14:20.87**

**14:11.15**

*Tirunesh Dibaba, ETH, Oslo 2008*

Meseret Defar ETH **14:29.52**

Sentayehu Ejigu ETH **14:31.66**

Linet Masai KEN **14:32.95**

Viola Kibiwot KEN **14:34.86**

## 10,000 METRES

31:30

31:00

29:00

**Sally Kipyego** KEN

**30:38.35**

**29:31.78**

*Junxia Wang, CHN, Beijing 1993*

Shalane Flanagan USA **30:39.57**

Kayoko Fukushi JPN **30:54.29**

Meseret Defar ETH **31:05.05**

Vivian Cheruiyot KEN **31:07.02**



Source: IAAF

Data correct as of August 15

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