

# Emergency food flown to famine victims

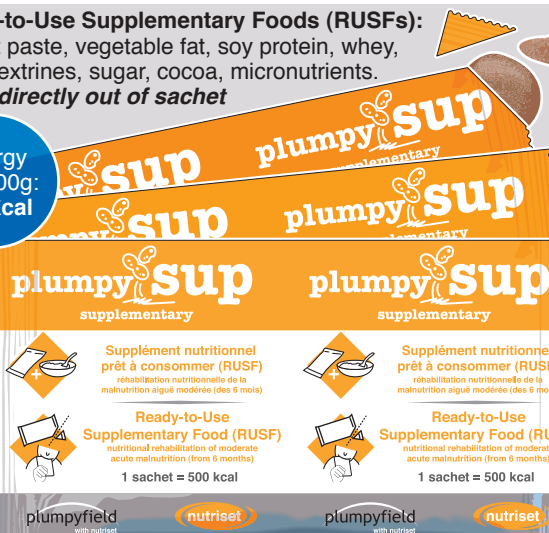
The World Food Programme is airlifting Plumpy'Sup – a peanut butter-based emergency food – to relieve the famine in Somalia. So far, six flights have delivered 74 tonnes, enough to feed 28,000 children for one month

## Ready-to-Use Supplementary Foods (RUSFs):

Peanut paste, vegetable fat, soy protein, whey, maltodextrines, sugar, cocoa, micronutrients.

*Eaten directly out of sachet*

Energy  
per 100g:  
**545Kcal**



*Oil-based food is low in moisture, so is not hospitable to bacteria. Packages are easy to transport and have long shelf life*

**Fortified Blended Foods (FBFs):** Cereals mixed with soya, beans, pulses, oil seeds and dried skimmed milk. Fortified with vitamins and minerals.  
*Mixed with water and cooked like porridge*

Energy  
per 100g:  
**380Kcal**

**Compressed food bars:** Baked wheat flour, vegetable fat, sugars, soya protein and malt extract. *Eaten as bar or crumbled into water and eaten as porridge*

Energy  
per 100g:  
**446Kcal**



**High Energy Biscuits (HEBs):** Wheat biscuits containing high protein cereals, vegetable fat, corn syrup and skimmed milk powder

Energy  
per 100g:  
**450Kcal**