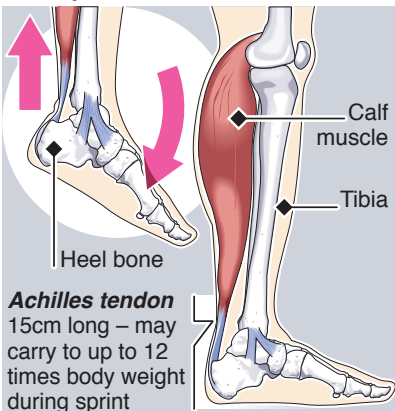


Achilles tendon injury

The Achilles tendon – the thickest and strongest tendon in the body – connects the calf muscles to the heel bone. Contracting the calf muscles pulls the tendon upwards and pushes the foot downwards



Rupture: After surgery to stitch torn tendon together, patient can return to competitive sport within six months