

# Paralympic sports: Goalball

Exclusively a sport for athletes who are blind or visually impaired, Goalball is played by two teams of three in a quiet indoor arena

**Goal**

**Court**

18 x 9m.

Tactile markings enable player orientation

**Players:** Score by rolling ball into opposing net. Opposition tries to block ball with their bodies



**Ball:** Bells inside allow players to hear and locate it.  
Diameter: 24cm  
Weight: 1.3kg

**Eyeshades**

Worn so players with varying sight levels can compete equally

**Referees:** Two control game

## Boccia (Bot-cha)

An indoor target sport similar to bowls, played by wheelchair athletes with cerebral palsy and other neurological disorders

**Court**  
12.5 x 6m.  
Smooth surface

**Jack ball**  
Thrown first

**Throwing area**  
Divided into six boxes

**V line**  
Balls must cross for throw to be valid

**Coloured balls**  
Six per player

**Scoring**

At end of round, player gains one point for each ball closer to jack than opponent



**Balls:** Leather material, slightly larger than tennis ball. Weight: 275g

