

Florence Griffith Joyner

American sprinter known as *Flo-Jo*.
Her world records for 100m and
200m have yet to be broken



■ **Born:** Dec 21, 1959, Los Angeles.
Died following seizure at age 39

■ **Career:** In 1988 she stunned athletics, setting a 100m record of 10.49 seconds. At the Seoul Olympics Flo-Jo broke the 200m world record twice, setting a time of 21.34 seconds

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| Olympic gold. 100m: | 1988 |
| 200m: | 1988 |
| 4x100 relay: | 1988 |
| Silver. 200m: | 1984 |
| 4x400m relay: | 1988 |