

Women's 100m and 200m form guide

Fastest times 2005-06 (seconds)

Records: Commonwealth Games **10.91**

100 metres

World **10.49**

Chandra Sturup *BAH* **10.84**

Veronica Campbell *JAM* **10.85**

Sherone Simpson *JAM* **10.97**

Geraldine Pillay *RSA* **11.07**

Aleen Bailey *JAM* **11.07**

200 metres

Veronica Campbell *JAM* **22.35**

Cydonie Mothershill *CAY* **22.39**

Sherone Simpson *JAM* **22.54**

Christine Amertil *BAH* **22.58**

Geraldine Pillay *RSA* **22.78**



World
21.34

Sources: IAAF, CGF

Commonwealth Games 22.19

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