

Men's freestyle 50m and 100m form guide

Fastest times 2005-06 (seconds)

Records: Commonwealth Games 22.33

50m

World 21.64

Roland Schoeman *RSA* **21.69**

Simon Burnett *GBR* **22.12**

Brett Hawke *AUS* **22.26**

Eamon Sullivan *AUS* **22.35**

Mark Foster *GBR* **22.44**

100m

Roland Schoeman *RSA* **48.28**

Ryk Neethling *RSA* **48.34**

Simon Burnett *GBR* **48.68**

Brent Hayden *CAN* **48.92**

Michael Klim *AUS* **49.02**

World 47.84

Commonwealth Games 48.73

Sources: FINA, CGF

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