

Ladies' Downhill and Super-G

ALL-TIME MEDALS

Downhill Super-G

AUT 14 ITA 4

SUI 8 AUT 3

GER 6 USA 2

VENUE: San Sicario Fraiteve

Mount Fraiteve
2,701m

Downhill 2,505m

Super-G 2,330m

Combined
2,400m

Padded helmet:
Compulsory for
speed events

Skis: Metal edges
sharpened for better
grip on hard-packed
snow and ice

Course length:
Downhill – 3,100m
Combined – 2,900m
Super-G – 2,500m

*Soleil
Boeuf*

Vertical drop 775m

Super-G
combines
technique of
slalom with
physical
demands
of downhill

San Sicario
Finish 1,730m

Straights: Aerodynamic tuck and minimal
edging increases glide speed

Turns: Fluid
shift of weight
to inside ski –
knees, shins
and edges in
parallel stance

SKI POLE

Moulded grip: With finger grooves

Shaft: Curves around
body, reducing drag



Adjustable strap: Secures wrist to pole

Basket: Stops pole
digging deeply into snow