

Snowboard parallel giant slalom

RACING TURN: Provides essential speed, precision and efficiency – all motion in direction of board

Incline into hill for edge bite

Racers change edges before completing full carved turn

Entire edge follows same track – minimal sideways skidding

Steep edge angle

Carve

Skid

Knees extend coming out of turn

Upper body stays aligned with direction of travel – no over-rotation

VENUE:

Bardonecchia-Melezet

Start 1,490m

Force on board builds up into turn

BOARD FLEX

Going into turn

Downward force increases with speed

Board radius shortens for tighter turn

Coming out of turn

Flex back as force decreases

ALL-TIME MEDALS

FRA	3
SUI	2
AUT, CAN, GER, ITA, SWE, USA	1

Two athletes race on parallel courses

Vertical drop 125m

Finish 1,365m

Course length: 600m

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Source: TOROC