



CENTENNIAL OLYMPIC GAMES

The ups and downs of the marathon



Start
Olympic Stadium

Martin Luther King Memorial

Piedmont Ave

Piedmont Park

Peachtree St

Half way point

Oglethorp University

Athletes turn round on Peachtree St to return to the Olympic stadium

'The wall' Around 18-22 miles, runners can use up their store of glycogen and the body has to burn its own fat supply to provide energy. 'Hitting the wall' is painful and slows the athlete down. In Atlanta, this will coincide with a climb to the highest point of the route

Piedmont Park

State Capitol

Finish

Elevation

1050

950

850

750

650

Miles

0

5

10

15

20

25

26

State Capitol

