

Modern Pentathlon



The modern pentathlon is based on the five skills required of a military messenger in 1912, the year of its reintroduction to the Olympics

He had to ride an unfamiliar horse over obstacles, shoot and fence to ward off enemy soldiers, run 4,000 metres and swim, presumably leaving attackers on the other side of the river. The original ***pentathlon*** consisted of long jump, running, wrestling, javelin and discus throwing, and is rumoured to have been invented by the legendary ***Jason*** because his friend ***Peleus*** kept coming second in the individual events