

The honeymoon



The custom of going away for a period of seclusion after marriage has its roots in the sweetness of *honey* as an ancient aphrodisiac.

Attila the Hun apparently drank himself to death at his wedding banquet on the honeyed alcohol that was being used to celebrate the nuptials. Although the word **honeymoon** came into use in the 16th century, it had more to do with the waxing and waning of the couple's feelings over the first month of marriage. It was the mid 19th century before it became standard practice to take a holiday after the wedding