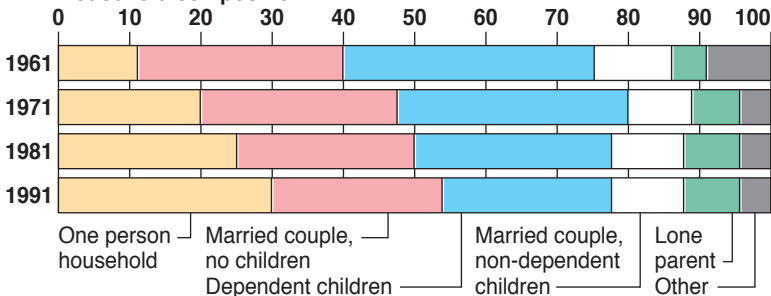


# Family lifestyles

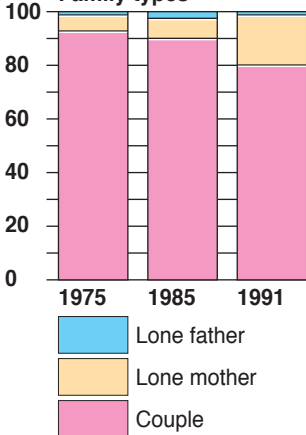


The family unit remains strong but is less likely to consist of the traditional married couple with two or more children. One in five households surveyed is currently a single parent home. Delayed first births and the high costs of bringing up children have set a trend towards smaller families. 70 per cent of parents claim to be concerned about being healthy but admit they do less than they should to keep fit. Parents of both sexes smoke and drink more than adults without children

**Household composition**



**Family types**



**Drinking patterns among married men and women**

Base: 11,558 married men  
12,082 married women  
1988 and 1990 combined

**Men: dependent children**

Heavy Moderate Light Very light Non-drinker



**Men: no dependent children**



**Women: dependent children**



**Women: no dependent children**

