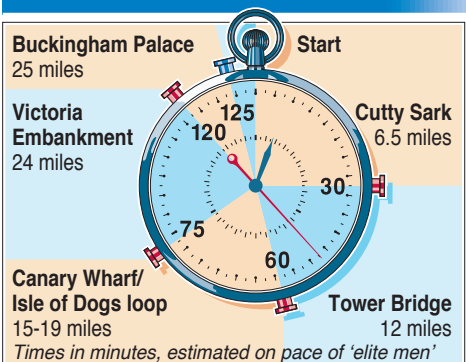


LONDON MARATHON

Invasion of the fun-runners

World-class athletes will join thousands of fun-runners in the 35,750 strong field taking part in the 1993 London Marathon. Some 26,500 are expected to make it to the finish on Westminster Bridge, by which time the runners will have raised over £50 million for charity

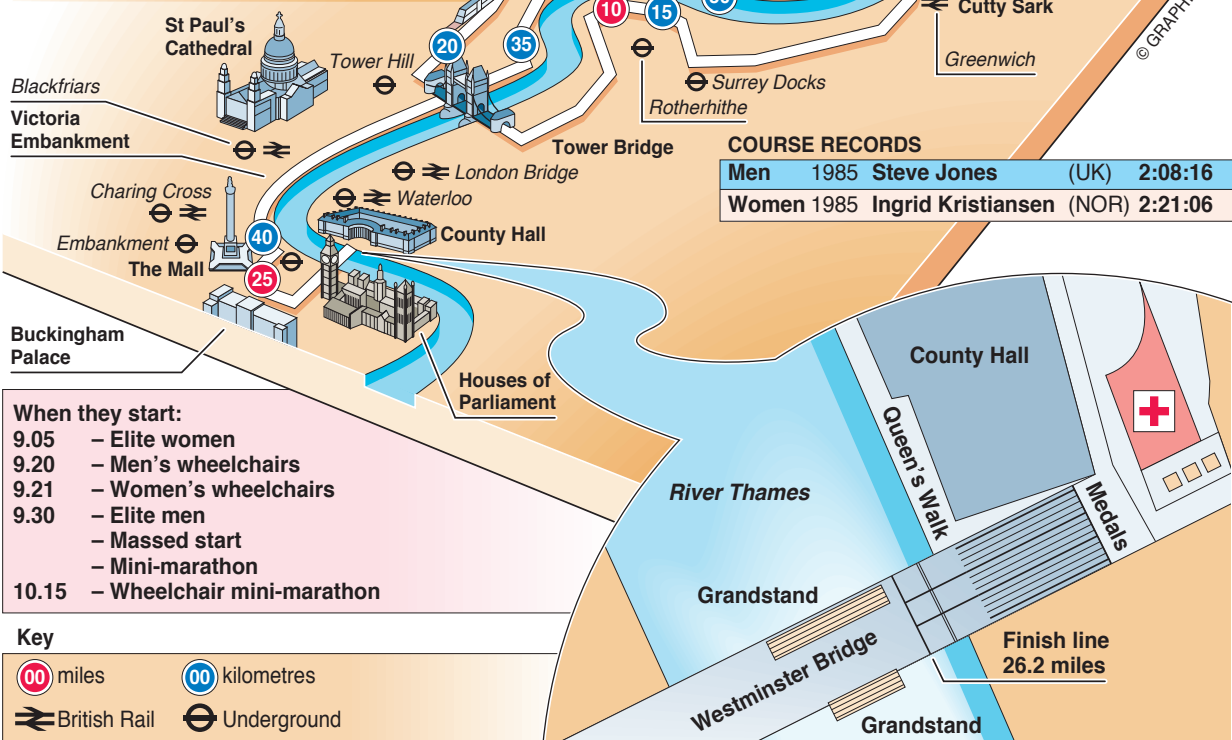


Where they start:

Blue start: Elite men, elite women, wheelchairs

Red start: 'Fast for age', followed by massed start, novelty and fancy dress entries

Green start: Men over 65, women over 60



10 YEARS OF LONDON MARATHON CHAMPIONS

Men			Women		
1983	Mike Gratton	(UK)	1983	Grete Waitz	(NOR)
1984	Charlie Spedding	(UK)	1984	Ingrid Kristiansen	(NOR)
1985	Steve Jones	(UK)	1985	Ingrid Kristiansen	(NOR)
1986	Toshihiko Seko	(JPN)	1986	Grete Waitz	(NOR)
1987	Hiroimi Taniguchi	(JPN)	1987	Ingrid Kristiansen	(NOR)
1988	Henrik Jorgensen	(DEN)	1988	Ingrid Kristiansen	(NOR)
1989	Douglas Wakiihuri	(KEN)	1989	Veronique Marot	(UK)
1990	Allister Hutton	(UK)	1990	Wanda Panfil	(POL)
1991	Yakov Tolstikov	(URS)	1991	Rosa Mota	(POR)
1992	Antonio Pinto	(POR)	1992	Katrin Dorre	(GER)