

The 35th Milk Race

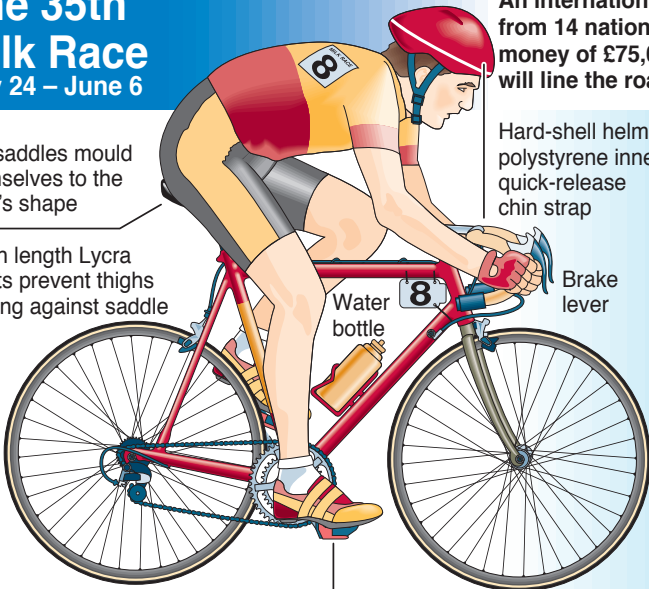
May 24 – June 6

An international field of 108 amateur and professional cyclists from 14 nations will compete in the 1,150-mile Milk Race. Prize money of £75,000 is at stake and over 5 million spectators will line the roadside, with a further 10 million watching on TV

Gel saddles mould themselves to the rider's shape

Thigh length Lycra shorts prevent thighs chafing against saddle

Hard-shell helmet with polystyrene inner and quick-release chin strap



Professional cyclists stuff newspapers up their jerseys to keep out the cold. They also shave their legs to make massage and the tending of wounds easier

Integrated shoe and pedal system uses cleats that lock on to the pedals holding feet in place

